

Aquin Elementary Menu January 2012

Monday	Tuesday	Wednesday	Thursday	Friday
2 NO SCHOOL	3 Cereal Jump Start Turkey patty/bun Potato smiles Carrots Pears	4 Pancake & bacon Chicken nuggets Baked fries Mixed vegetables Mandarin oranges	5 Tac-Go (Egg, cheese, meat) Breaded pork steak Mashed potatoes/gravy Green beans Apple wedge Roll	6 Yogurt berry parfait Pepperoni pizza Peas Pineapple Veggie sticks/dip Cookie
9 Breakfast pizza Fajita Chicken wrap Green Beans Peaches Cookie	10 Yogurt berry parfait Meatloaf Mashed potatoes/gravy Corn Applesauce Bread & margarine	11 Cheese omelet & ham Hamburger/bun Sweet potato fries Lettuce salad Peaches	12 Cereal Jump Start Grilled cheese sand. Tomato soup Peas Fresh veggies/dip Apple wedges	NO SCHOOL
16 Pancake & bacon Salisbury steak Mashed potatoes/gravy Corn Pears Bread & butter	17 Scrambled eggs & ham French toast Sausage Hash browns Banana Orange slices	18 Cereal Jump Start Chicken patty/bun Tator tots Mixed vegetables Peaches	19 Cheese omelet & ham Meatball sub Honey glazed carrots Fresh veggies/dip Applesauce	20 Yogurt berry parfaits Canadian bacon pizza Peas Pineapple Fresh veggies/dip Cake
23 Oatmeal & ham Beef taco on tortilla Breaded mozz. Sticks Mandarin oranges Fresh veggies/dip Rice Krispie bar	24 Cereal Jump Start Roast turkey Mashed potatoes/gravy Green beans Applesauce Dinner roll	25 Tac-Go (Egg, cheese, meat) Popcorn chicken Potato wedges Mixed veggies Peaches	26 Yogurt berry parfaits Beef & gravy/ noodles Bread & marg Fresh veggies/dip Peas & carrots Mixed fruit	27 French toast & sausage Hot dog/bun Potato chips Baked beans Peas Fresh veggies/dip
30 Pancake & bacon Hamburger/bun French fries Corn Lettuce salad Mixed fruit	31 Egg, sausage, toast BBQ beef/bun Potato rounds Baked beans Fresh veggies/dip Peaches			

Breakfast includes juice and milk. Cereal and toast are an option for breakfast each day. PB or PB & J are an option instead of the main entrée. All lunches include milk.