




**Aquin Catholic
Elementary School
Lunch Menu 2017**



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Oct. 30	Oct. 31	1	2	3
Beef & Gravy Buttered Noodles Romaine Lettuce Corn Pears or Fresh Apple Half 	Monster Sandwich (Chicken) Eye-Popping Tomato Soup Monster Toes Monster Fruit Cup Witches Brooms, Frog Eyes Ghostly Treat	 Breaded Pork Steak Mashed Potatoes Gravy (optional) Baked Beans Peaches or Fresh Melon Slice of Bread	Orange Chicken Spanish Rice Broccoli Mixed Vegetables Mandarin Oranges or Fresh Mixed Fruit Cup	Turkey Wrap Romaine Lettuce Fresh Baby Carrots Baked Chips Applesauce or Fruit on a Stick
6	7	8	9	10
Chicken Tetrizzini Romaine Lettuce Fresh Baby Carrots Pineapple Tidbits or Fresh Orange WG Breadstick	Pork Rib/Bun Tri-Taters Green Beans Applesauce or Apple Salad	<div style="background-color: #d3d3d3; padding: 5px;"> PB or PB&J or Ham Sandwich are offered everyday instead of main Entree </div> Mini Corn Dogs Coleslaw Cooked Carrots Pears or Fresh Melon WG Cookie	Chicken Dummies Sweet Potato Puffs Cooked Corn Mandarin Oranges or Fresh Grapes	Sloppy Joe/Bun Toss Salad Baked Beans Fruit Cocktail or Fruit Slushy
13	14	15	16	17
Pig in a Blanket Sweet Potato Fries Coleslaw Pears or Fresh Apple Half	Meatball Sub Romaine Lettuce Celery Sticks Baked Chips Pineapple Tidbits or Fresh Orange	Taco Meat/ Edible Bowl Romaine Lettuce Baked Beans Fruit Cocktail or Fresh Melon	Turkey Mashed Potatoes Gravy (optional) Mixed Vegetables Peaches or Strawberries Dinner Roll <div style="background-color: #d3d3d3; padding: 5px; margin-top: 10px;"> All grains are 51% or more whole </div>	French Toast Tri-Taters Fresh Baby Carrots Applesauce or Fruit on a Stick
20	21	22	23	24
No School	No School	No School	No School	No School
	<div style="background-color: #d3d3d3; padding: 5px;"> Students have a choice of 2 different fruits or vegetables. 1/2 cup of fruit or vegetable must </div>			
27	28	29	30	Dec. 1
Hot Dog/Bun Sweet Potato Puffs Green Beans Fruit Cocktail or Fresh Apple Half	Meatloaf Cheddar Cheese Mashed Potatoes Gravy (optional) Mixed Vegetables Peaches or Fruit on a Stick Slice of Bread	Spaghetti & Meat Sauce Toss Salad Fresh Baby Carrots Applesauce or Strawberries	Hot Ham/Bun or Hot Ham & Cheese/Bun Baked Beans Coleslaw Pineapple Tidbits or Fresh Grapes <div style="background-color: #d3d3d3; padding: 5px; margin-top: 10px;"> Milk is offered with every meal. 1% white or skim flavored </div>	Cheese Pizza Peas Romaine Lettuce Pears or Fruit Slushy

Menu subject to change without notice

This institution is an equal opportunity provider

