


**Aquin Catholic Elementary
School Lunch Menu 2018**

November




MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
PB or PB&J or Ham or Turkey Sandwich are offered everyday instead of main Entree	All grains are 51% or more whole grain		Breaded Pork Steak Mashed Potato Gravy (optional) Cooked Carrots Applesauce or Sidekick	Sloppy Joe/Bun Romaine Lettuce Fresh Baby Carrots Pears or Strawberries
5	6	7	8	9
Grilled Chicken Breast Tri-Taters Green Beans Peaches or Strawberries Dinner Roll	Chicken & Gravy Buttered Noodles Cooked Carrots Fresh Broccoli Pineapple or Fresh Apple Half	Cheeseburger Mac & Cheese Romaine Lettuce Fresh Baby Carrots Applesauce or Grapes Slice of Bread	French Toast Sausage Patty Tri-Taters Veggie Sidekick Fruit Cocktail or Fresh Fruit	Taco Meat in Edible Bowl Baked Beans Shredded Lettuce Pears or Fresh Orange Cookie
12	13	14	15	16
Beef & Biscuit Broccoli Salad Glazed Cooked Carrots Mandarin Oranges or Sidekick	Chicken Nuggets Potato Wedges Coleslaw Peaches or Strawberries	Spaghetti in Meat Sauce Romaine Lettuce Fresh Baby Carrots Applesauce or Grapes Bread Stick	Salisbury Steak Mashed Potatoes (Gravy optional) Green Beans Pears or Fresh Fruit Dinner Roll	Pork Rib Patty w/BBQ/Bun Sweet Potato Cross(df) Baked Beans Pineapple or Fresh Apple Half
19	20	21	22	23
Hamburger Patty/Bun Sweet Potato Cross Baked Beans Peaches or Fresh Apple Half	Roast Turkey Mashed Potatoes Gravy (optional) Glazed Carrots Applesauce Dinner Roll, Pumpkin Bars	No School Students must have a fruit or vegetable for a reimbursable meal	Happy Thanksgiving 	No School Each Meal include a choice of 1% white or skim flavored milk
26	27	28	29	30
Mini Corn Dogs Sweet Potato Cross Green Beans Pears or Fresh Apple Half	Sausage Patties Pancakes Tri-Taters Baby Carrots Applesauce or Strawberries	Pizza Peas Romaine Lettuce Mandarin Oranges or Fresh Grapes	Popcorn Chicken Mashed Potatoes Gravy (optional) Mixed Vegetables Pears or Fresh Fruit	Stromboli Baked Beans Romaine Lettuce Fruit Cocktail or Sidekick

Menus subject to change without notice

This institution is an equal opportunity provider